

Italian specialist foods to the catering and restaurant trade



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Welcome	10.	Mare	<i>1 erra</i>	Lla

Mare Terra was founded in 2015 by managing director Franco Apicella. Franco has assembled a professional team that collectively draws on over 100 years of experience, sourcing and distributing premium quality food products to discerning chefs and caterers. In the last four years, Mare Terra has established an excellent reputation for quality, service and value for money, driven by a simple philosophy:

"Innovation, premium quality products, first class service and competitive pricing; all backed by a no quibble guarantee".

We understand our customers and the daily pressures that they face and constantly strive to meet their needs. Our product range is continuously evolving. If you can't find what you're looking for in our catalogue, please ask your sales representative or one of our dedicated office staff, as we may already stock it or can source it for you.

ACCOUNT NUMBER:		
SALES REPRESENTATIVE:		
MOBILE:		
DELIVERY DAYS:		

Units 9 - 10 South Road, Harlow, Essex, CM20 2AP

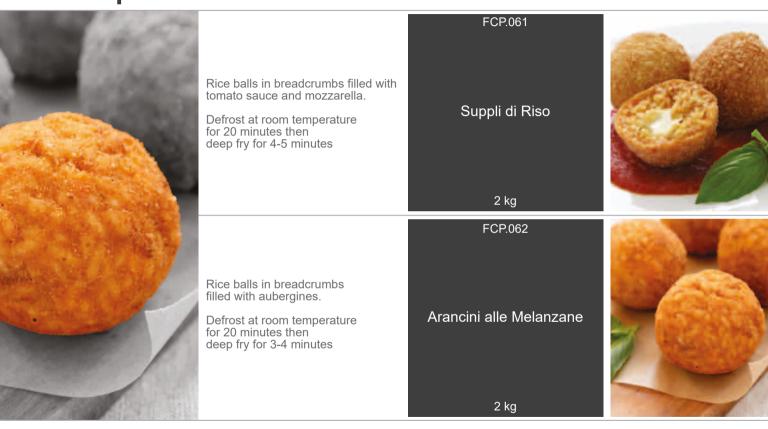
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 $\textbf{ORDERS: Telephone:}\ 01279\ 429\ 995 \bullet \textbf{Email}: sales@mareterra.co.uk \bullet \textbf{Office Hours:}\ 6:00am - 4:00pm \bullet \textbf{Answerphone:}\ 4:00pm - 2:00am - 4:00pm \bullet \textbf{Answerphone:}\ 4:00pm - 2:00am - 4:00pm \bullet \textbf{Answerphone:}\ 4:00pm - 2:00am - 4:00am - 4$

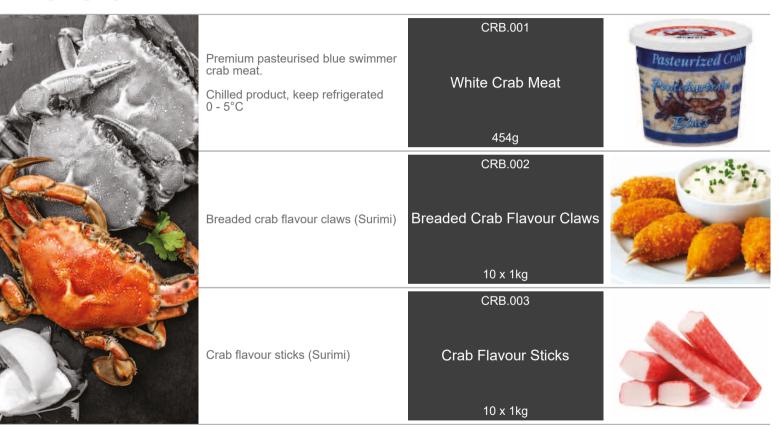
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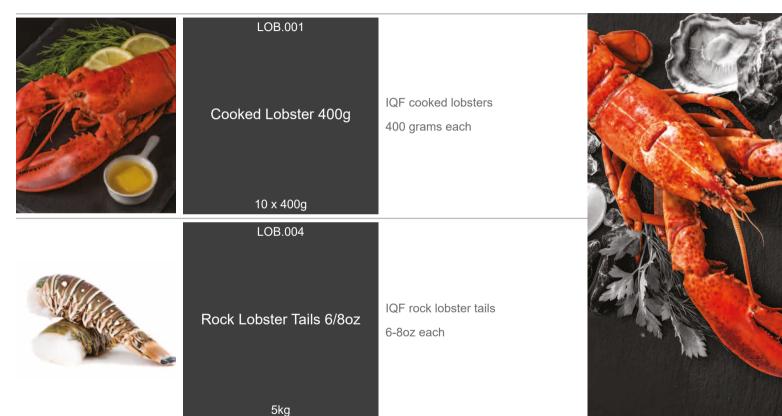
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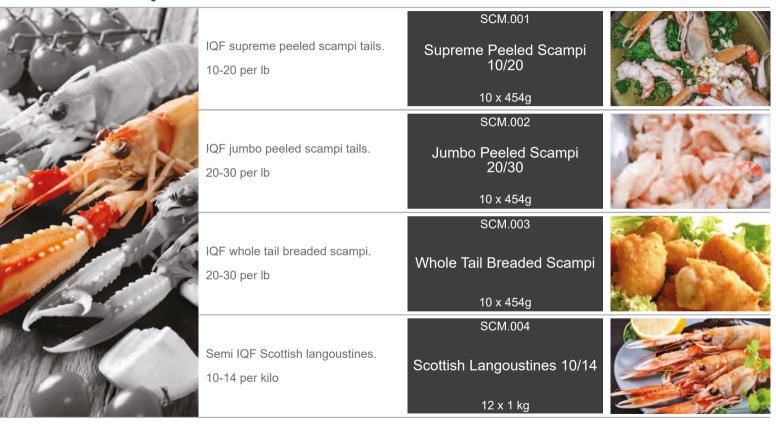
crab



lobster



scampi



raw prawns shell on



RPS.001

Headless Fresh Water Prawns 6/8 Block frozen raw headless freshwater prawns.

6 - 8 per lb



6 x 700g RPS.002

Headless Fresh Water Prawns 8/12 Block frozen raw headless freshwater prawns.

8 - 12 per lb



6 x 700g RPS.003

Raw Head On Prawns 6/8

IQF raw head on prawns

6-8 per kilo

10 x 1 kg



raw prawns shell on



IQF raw Argentinian red prawns 10-20 per kilo

Semi IQF raw head on prawns

16-20 per kilo

RPS.004

Raw Argentinian Red Prawns 10/20

6 x 2 kg **RPS.006**

Raw Head On Prawns 16/20

The product images shown are for illustration purposes only and may not be an exact representation of the product

10 x 1 kg

raw prawns peeled



RPP.001

Peeled And Deveined Prawns Tail On

IQF Raw peeled and deveined prawns - tail on.

16-20 per lb





RPP.003/4

Peeled and Deveined Prawns 16/20 (Tail Off)

10 x 1 kg / 6 x 900g

Raw, peeled and deveined prawns - tail off.

16 - 20 per lb

RPP.003 (IQF 10 x 1kg) RPP.004 (Block Frozen 6 x 900g)



RPP.005/7

Peeled and Deveined Prawns 31/40 (Tail Off)

10 x 1 kg / 6 x 900g

IQF raw, peeled and deveined prawns - tail off.

31 - 40 per lb

RPP.005 (IQF 10 x 1kg) RPP.007 (Block Frozen 6 x 900g)



cooked prawns shell on



IQF cooked Mediterranean prawns. 20 - 30 per kilo



Crevettes / Mediterranean Prawns 20/30



6 x 2 kg

CPS.002





IQF cooked shell on cold water prawns.

90 - 120 per kilo

Shell On Prawns 90/120

5 kg

cooked prawns peeled



CPP.001

Premium Cold Water Prawns 125/175 POLAR cold water prawns cooked peeled IQF

10% glaze count 125-175/lb 5x2kg (1.8kg net)



5 x 2 kg CPP.004

Norwegian C&P Cold Water Prawns 100/200 IQF cooked & peeled cold water prawns

100-200 per lb



5 x 2 kg CPP.002

Cold Water Prawns 150/250

5 x 2 kg

IQF cooked & peeled cold water prawns.

150-250 per lb



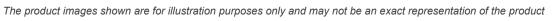
CPP.003

Cooked Peeled Tiger Prawns 31/40

10 x 1 kg

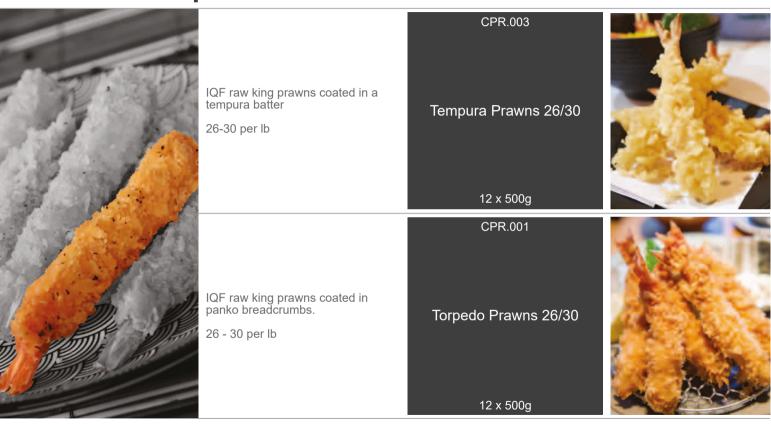
Vannamei prawns cooked, peeled, tail on IQF

20% glaze count 31-40/lb 10x1kg (800g net)





coated prawns



scallops



SCP.002

Roeless King Scallops 10/20

10 x 1kg

IQF roeless king scallops.

10 - 20 per lb





mussels



Whole shell Chilean mussels. Vacuum packed.

20 - 35 per lb



Whole Shell Chilean Mussels

5kg



MUS.002

IQF half shell green lip mussels.

30 - 45 per kilo

New Zealand Half Shell Mussels

12 x 800g



MUS.003

IQF cooked Chilean mussel meat. 100 - 200 per kilo

Chilean Mussel Meat 100/200

10 x 1kg



clams



CLM.001

Whole Shell Brown Clams 40/60

Cooked whole shell brown Meretrix clams. Vacuum packed.

40-60 per kilo





CLM.002

Whole Shell White Clams 60/80

10 x 1 kg

Cooked whole shell white Meretrix clams. Vacuum packed.

60-80 per kilo



CLM.003

Half Shell Clams 70/90

10 x 1 kg

Cooked half shell white Meretrix clams. Vacuum packed.

70-90 per kilo



CLM.005

Clam Meat 700/1000 (454g)

20 x 454g

Yellow clam meat, cooked

IQF, 20% glaze, count 700-1000/kg, 20 x 454g (363g net)



seafood mix



IQF blanched seafood mix containing sliced octopus, squid rings and tentacles, mussel meat and Vannamei prawns. SFX.001

Seafood Mix

10 x 1kg



SFX.002

Luxury Seafood Cocktail

5 X 908g



squid



SQD.008

Raw Uncleaned Whole Squid U/3

Raw, whole Squid, uncleaned IQF 20% glaze U-3 (300-500g) 10kg (8kg net)

10 kg



SQD.002

Squid Tubes U5

IQF cleaned squid tubes
Up to 5 per kilo

10 x 1 kg



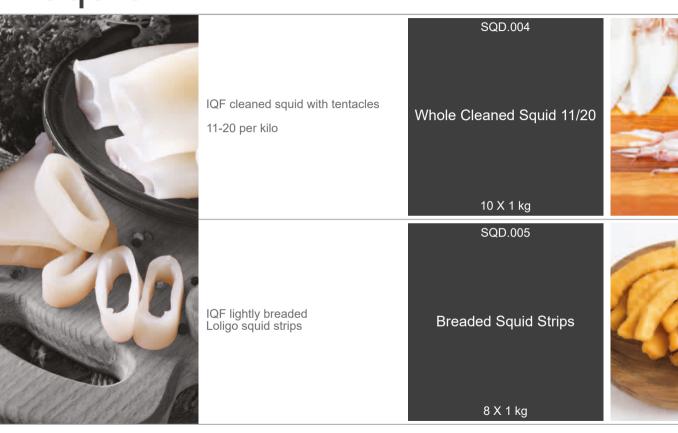
SQD.003

Squid Tubes U10

12 x 800g

IQF cleaned squid tubes
Up to 10 per kilo

squid



cuttlefish



CTF.001

Cleaned Cuttlefish 500/1000

IQF whole cleaned cuttlefish. 500-1000g each

IQF cleaned baby cuttlefish with tentacles.

6 kg



CTF.002

Baby Cuttlefish 40/60

40-60 per kilo

10 x 1 kg



octopus



IQF large octopus. 2-3 kilos each



Large Octopus 2/3



catch weights

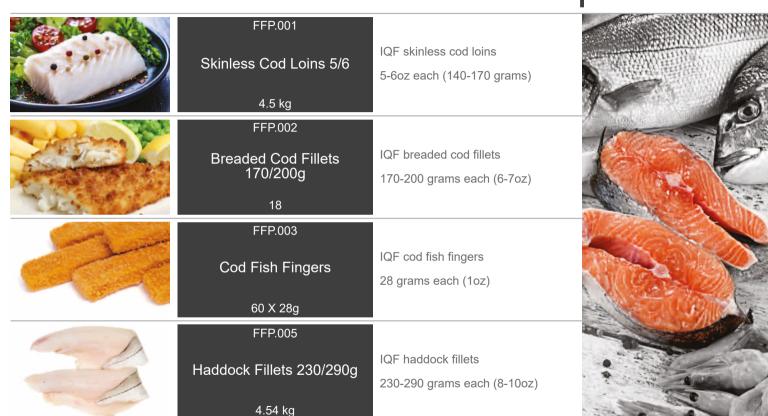
OCT.002

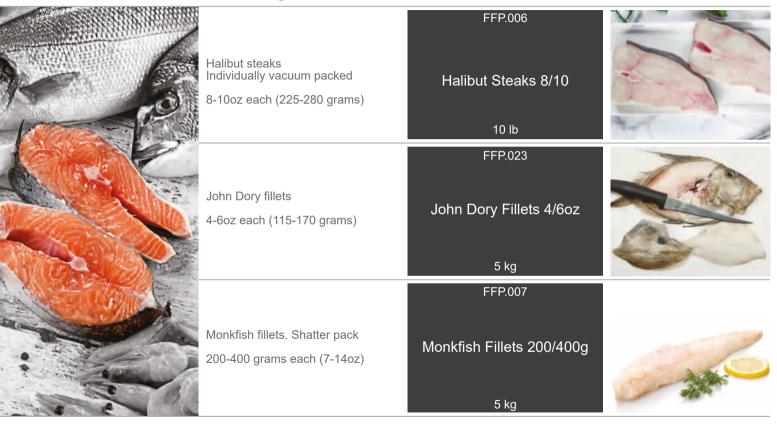
Baby Octopus 20/40

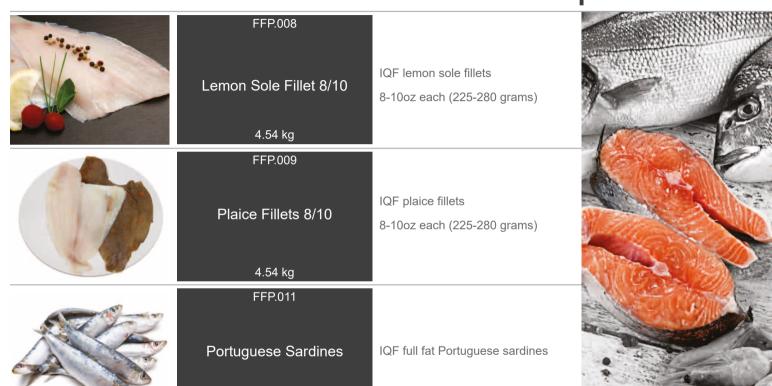


IQF baby octopus. 20-40 per kilo

10 x 1 kg

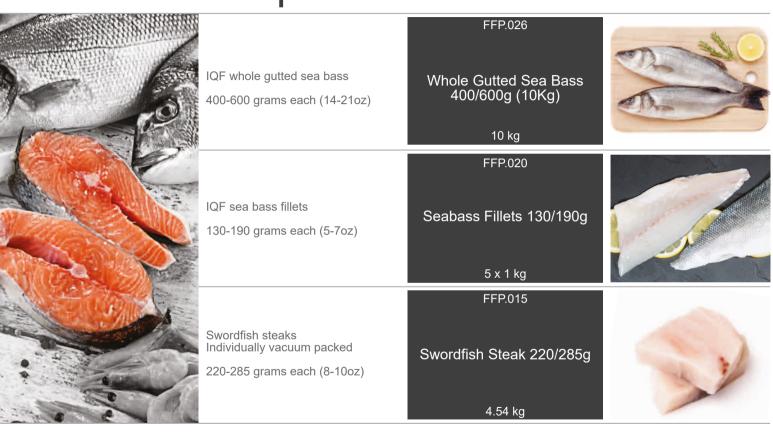


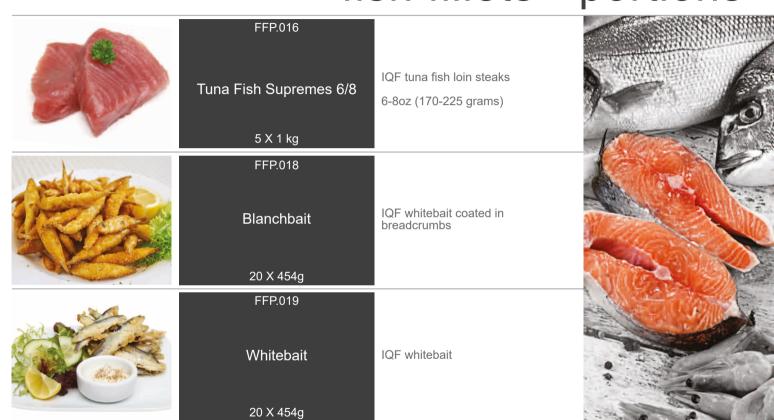


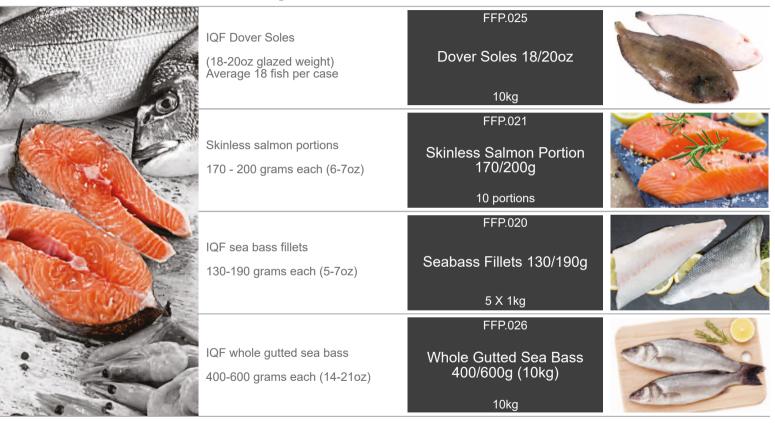


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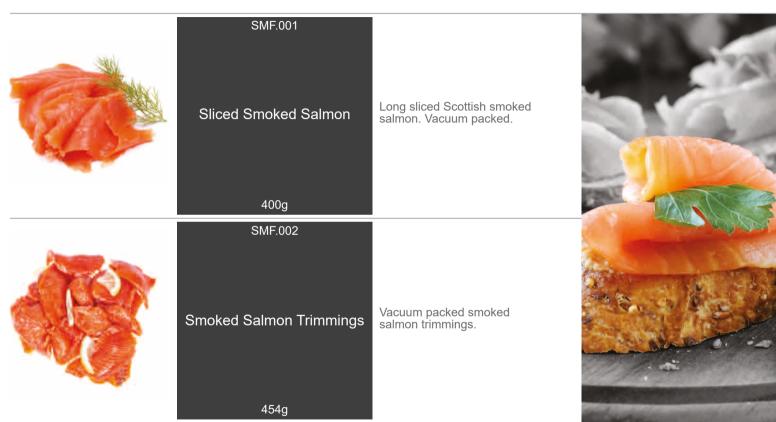
12 X 1 kg







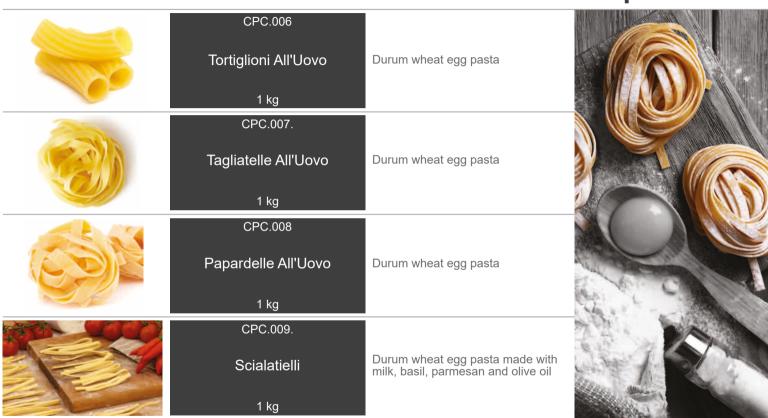
smoked fish



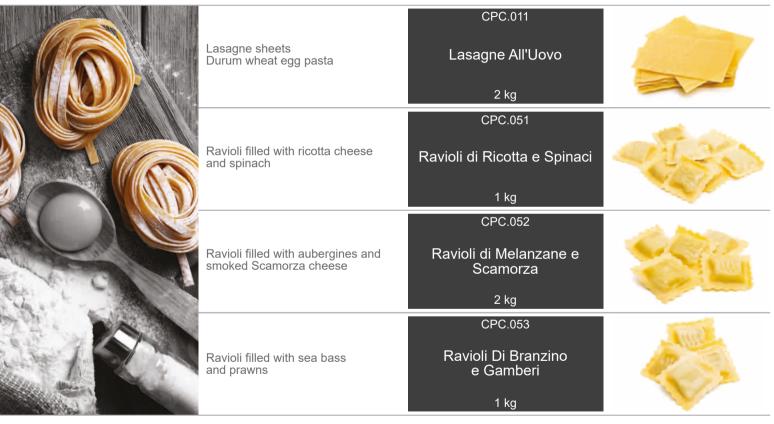
chilled fresh pasta

•		
Durum wheat egg pasta	CPC.001 Spaghetti All'Uovo 1 kg	
Durum wheat egg pasta	CPC.002 Trofie All'Uovo 1 kg	
Durum wheat egg pasta	CPC.003 Fusilli All'Uovo 1 kg	
Durum wheat egg pasta	CPC.004 Penne All'Uovo 1 kg	30
Durum wheat egg pasta	CPC.005 Paccheri All'Uovo 750g	000

chilled fresh pasta



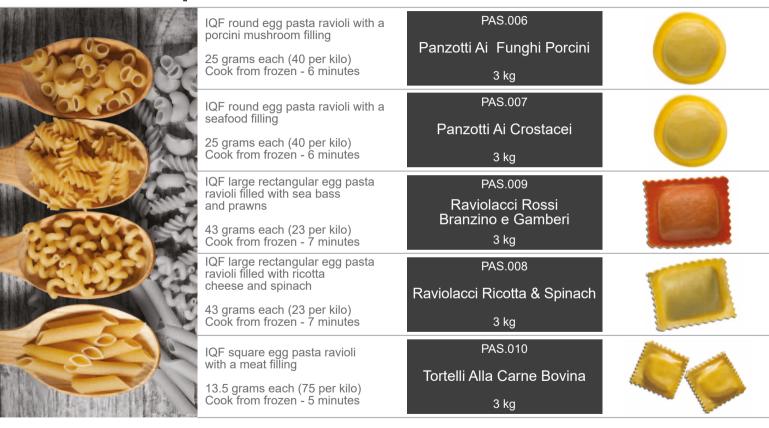
chilled fresh pasta



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mare terra

	PAS.001	IQF egg pasta cannelloni tubes filled	
A AND AND AND AND AND AND AND AND AND AN	Ricotta & Spinach Cannelloni	with ricotta cheese & spinach	000
and the same	3 kg	55 grams each (18 per kilo)	00 50
	PAS.002	IQF giant egg pasta tortelloni filled	(3)(0)(0)
	Gigante Ricotta & Spinach	with ricotta cheese and spinach	
	3 kg	28 grams each (35 per kilo) Cook from frozen - 7 minutes	
	PAS.003	IQF potato gnocchi	
	Gnocchi	3 grams each	
	5 X 1 kg	Cook from frozen - 2 minutes	Mark Control
10 A	PAS.004	IQF potato & spinach gnocchi	
	Gnocchi Verdi	3 grams each	
The Same	5 X 1 kg	Cook from frozen - 2 minutes	
	PAS.005	Interleaved precooked	2 90
	Lasagne Sheets	egg lasagne sheets 200 grams each	
	5 X 2 ka	45cm x 24cm x 1.5mm	人。李建村与Junia 54 4 66 40 6



			I
- A	PAS.011	IQF square egg pasta ravioli filled	
	Tortelli Ricotta & Spinach	with ricotta cheese and spinach	000
	3 kg	13.5 grams each (75 per kilo) Cook from frozen - 5 minutes	60 FO
	PAS.012	IQF square egg pasta ravioli with a pumpkin filling	19/00,00
	Tortelli Alla Zucca	13.5 grams each (75 per kilo)	
	3 kg	Cook from frozen - 5 minutes	
	PAS.016	IQF square egg pasta ravioli with a Wild Boar filling	
	Tortelli Wild Boar		
	3 kg	13.5 grams each (75 per kilo) Cook from frozen - 5 minutes	Maria Company
	PAS.013	IQF egg pasta tortelloni filled with ricotta cheese and spinach	
	Tortelloni Ricotta & Spinach	6 grams each (165 per kilo)	
	3 kg	Cook from frozen - 4 minutes	
	PAS.014	Egg pasta tagliolini nests	2 9000
	Tagliolini Gialli	40 grams each (25 per kilo)	
	2 kg	Cook from frozen - 2 minutés	V AND THE STATE OF

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200000	Squid ink pasta tagliolini nests 40 grams each (25 per kilo) Cook from frozen - 2 minutes	PAS.015 Tagliolini Al Nero Di Seppie 2 kg	
	Tortelloni with a meat filling	PAS.025 Tortelloni Alla Bolognese 3 kg	
	Durum wheat egg pasta	PAS.024 Trofie (Unipasta) 3 kg	
	Durum wheat egg pasta	PAS.022 Orecchiette (Unipasta) 3 kg	-
	Egg spaghetti with a square cross section	PAS.023 Spaghetti Alla Chitarra 2 kg	

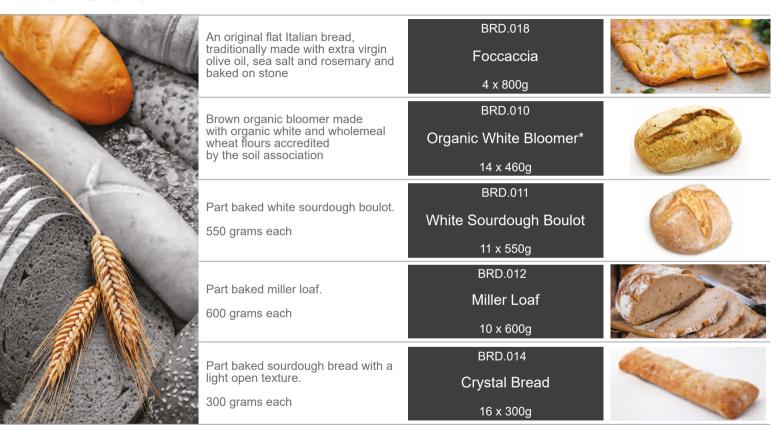
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mare terra

bread

			bioaa
	BRD.007 Brioche Bun	Thaw and serve pre-sliced brioche buns. 85 grams each (4.5" diameter)	
	50 x 85g		
THE RESERVE OF THE PERSON NAMED IN COLUMN TWO IS NOT THE PERSON NAMED IN COLUMN TO THE PERSON NA	BRD.003		
	Gluten Free Seeded Roll	Part baked gluten free seeded roll. 68 grams each	
	25 x 68g		
	BRD.006		
	Ciabatta Quadrotte	Part baked square ciabatta roll. 125 grams each	
	50 x 125g		
	BRD.004		
	White Demi Baguette	Part baked white demi baguette. 125 grams each - 27cm	
	35 x 125g		

bread



bread

		BIOGG
BRD.008 Gluten Free Pizza Base 8 x 240g	Hand stretched gluten free pizza base 240 grams each - 12" diameter	
BRD.009 Dough Balls 30 x 340g	Dough balls 340 grams each 12" diameter (thin base)	
BRD.025 Classic White Baguette 425gm 16 x 435g	Part baked baguettes	
BRD.035 Miche Paysanne 14 x 450g	Wheat bread with wheat sourdough.	
BRD.036 Assorted Mini Pagnottella 105 x 40g	Mixed box of artisanal mini wheat rolls (ciabatta type of dough), each of them hand folded, flour dusted and baked on stone: 35 white wheat rolls, 35 wholemeal rolls, 35 dark wheat rolls with barley malt	

bakery



chips



CHP.001

Extra Crispy Coated Skinny Fries 5mm Frozen, Skin on fries, coated with a gluten free clear starch for extra crispiness.

Freeze chill - 5 x 5mm



4 x 2.5 kg CHP.003

Coated Skin On Straight Cut Fries 10mm Frozen, Skin on straight cut fries, coated with a gluten free clear starch for extra crispiness.

10 x 10mm



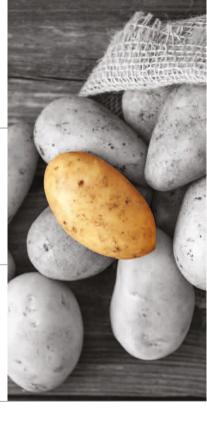
4 x 2.5 kg CHP.002

Shoestring Fries 7mm

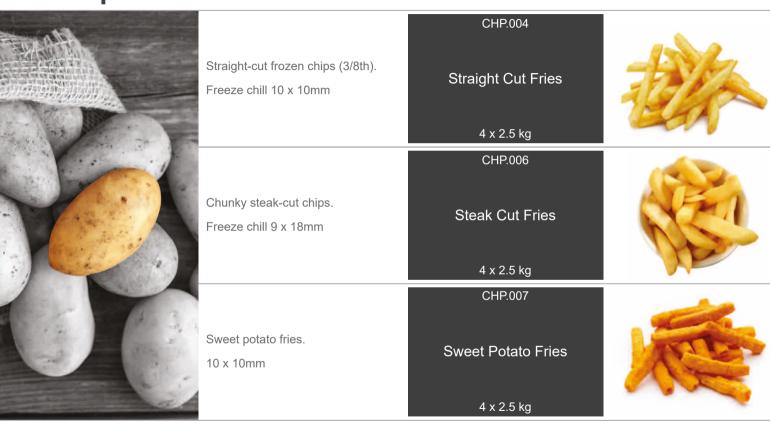
4 x 2.5 kg

Thin 7mm frozen shoestring chips.

Freeze chill. 7 x 7mm



chips



chips



CHP.009

Sautée Potatoes

Sliced potatoes

5/7mm

4 x 2.5 kg CHP.010

Mashed Potato

Plain Mashed potato

4 x 2.5 kg VEG.019

Hash Brown Mccain

Delicious hash browns with a unique flavour combination that makes breakfasts special.

8 x 1 kg

VEG.016

Herby Diced Potato

4 x 2.5 kg

Cubes of potatoes covered in a light coating of herbs



funghi / mushrooms



Premium selected whole porcini mushrooms - boletus edulis.

Do not thaw - cook from frozen.

5kg bulk - FNG.001 5 x 1kg - FNG.002 FNG.001/2

Whole Porcini Mushrooms

1 x 5 kg / 5 x 1 kg



FNG.003

Cubed porcini mushrooms - boletus edulis.

Do not thaw - cook from frozen.

Cubed Porcini Mushrooms

6 x 1 kg



Mixed mushrooms.

Porcini (boletus edulis), Nameko (pholiota nameko), Shiitake (lentinula edodes), Oyster (pleurotus ostreatus), Champignon (agaricus bisporus), Slippery Jack (suillis luteus).

Do not thaw - cook from frozen.

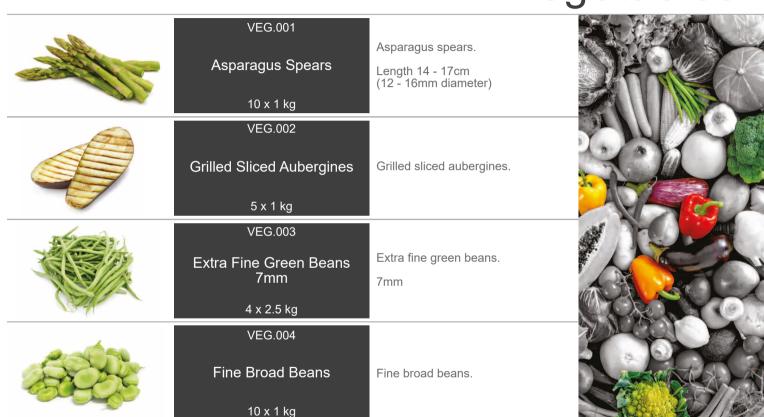
FNG.004

Cocktail di Funghi

6 x 1 kg



vegetables



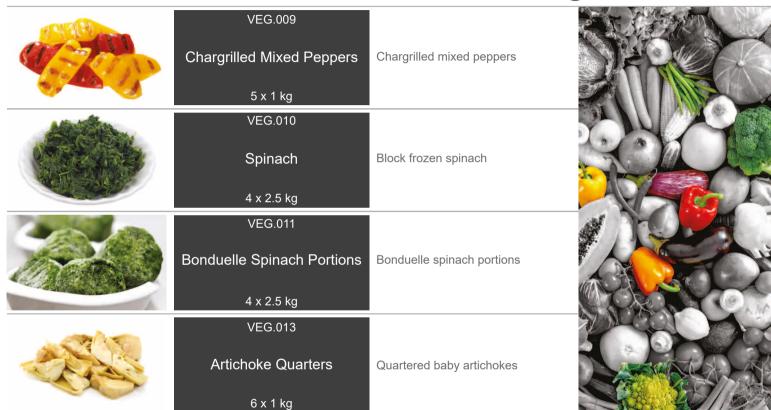
vegetables

•			
	Broccoli florettes	VEG.005 Broccoli Florettes 4 x 2.5 kg	
	Cauliflower florettes	VEG.015 Cauliflower 4 x 2.5 kg	
	Beer battered onion rings	VEG.006 Beer Battered Onion Rings 6 x 1 kg	
	Choice garden peas	VEG.007 Choice Garden Peas 10 x 1 kg	* The state of the
	Petit pois	VEG.008 Petit Pois 10 x 1 kg	

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mare terra

vegetables



fruits



Fruits of the forest: redcurrants, blackcurrants, blackberries, raspberries and cultivated blueberries.









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CKS.001

Alabama Fudge Cake (GF)

A round gluten free chocolate sponge cake, filled, top and side coated with rich chocolate fudge.

2.15 kg



CKS.002

Chocolate Fudge Cake

Two layers of moist chocolate cake filled and coated with a rich chocolate fudge.

Pre-cut 14 portions

2 kg



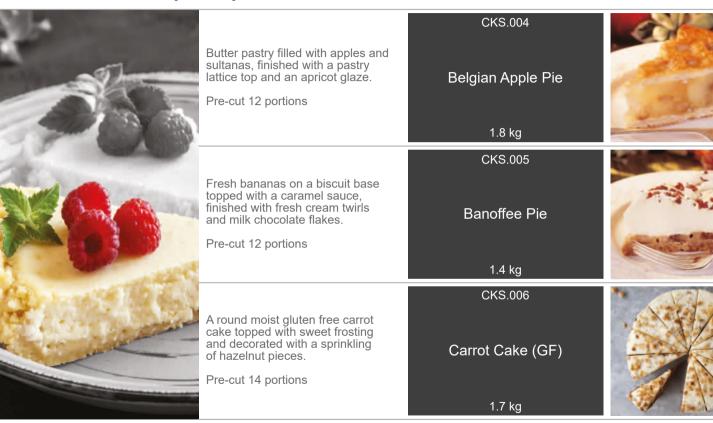
CKS.003

Fudge Brownie Sheet Cake

Rich chocolate brownie with a fudge topping.

2 x 2.4 kg





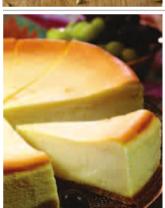


CKS.007

Courgette & Avocado Cake (GF)

A round moist gluten free courgette and avocado cake, filled and topped with sweet avocado flavoured frosting and decorated with pistachio nuts and cornflour petals.

Pre-cut 12 portions



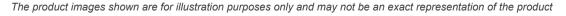
1.7 kg CKS 008

New York Cheesecake

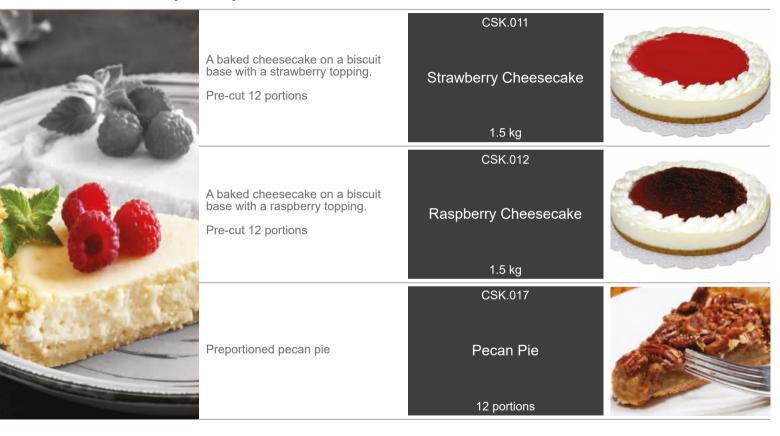
A classic vanilla New York style baked cheesecake, nestling on a crunchy biscuit base.

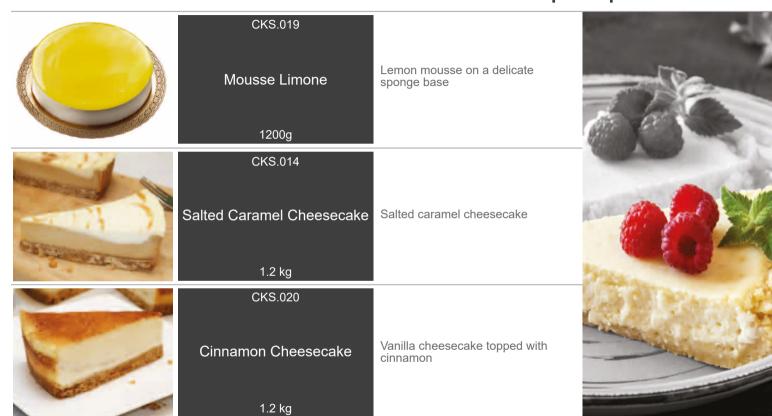
Pre-cut 14 portions



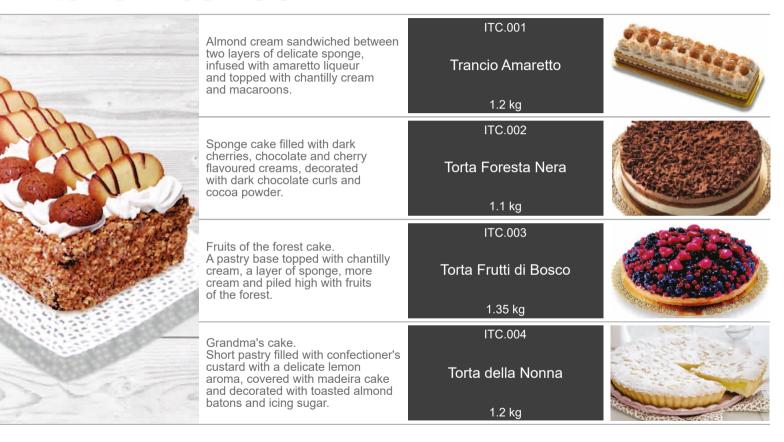


2.4 kg

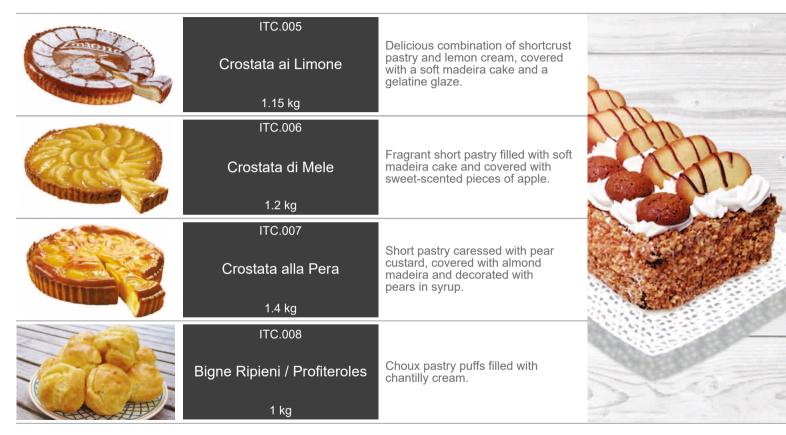




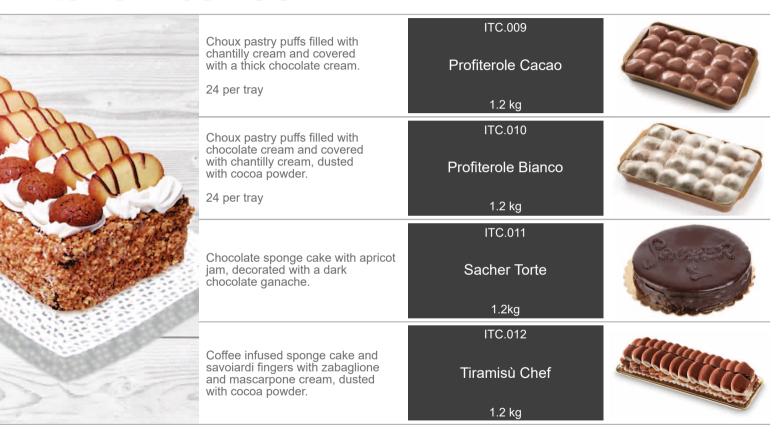
italian cakes



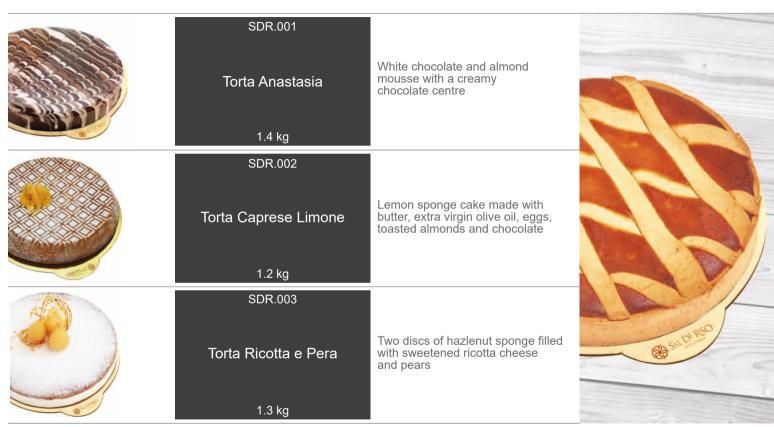
italian cakes



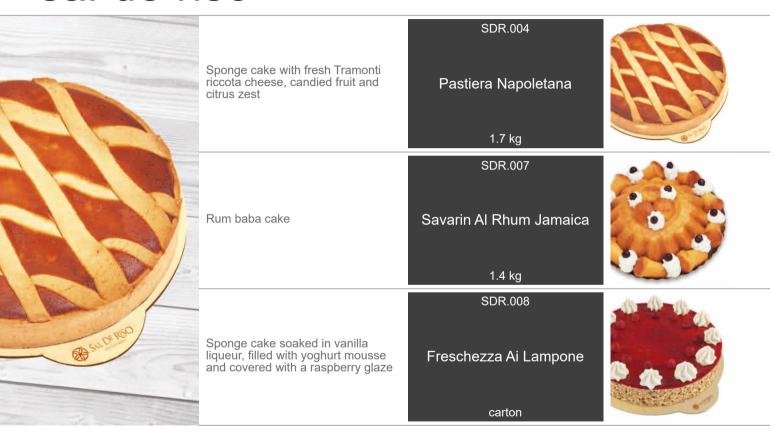
italian cakes



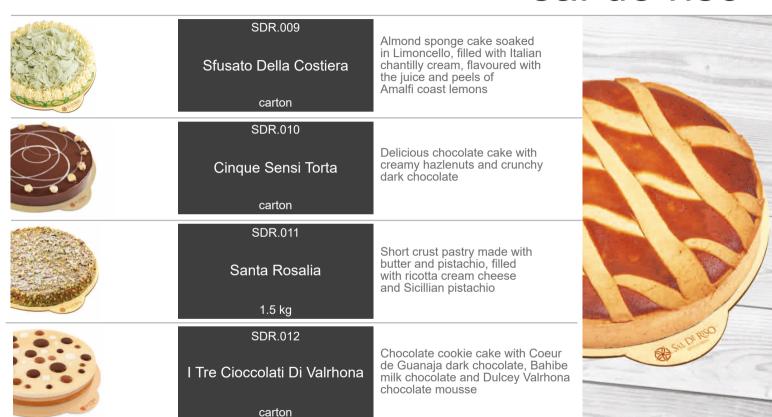
sal de riso

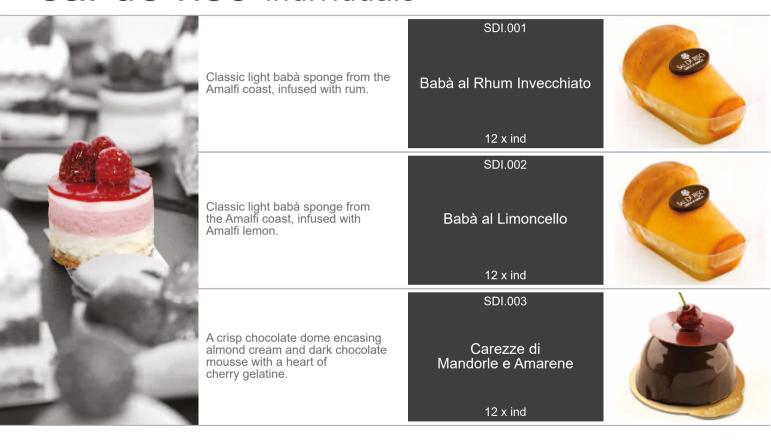


sal de riso



sal de riso







SDI.016

Cioccolato Ricotta Pere

A single portion version of the famous "Ricotta and pear" cake with an elegant 70% dark chocolate mousse





Delizie al Limone Amalfitano

12 x ind

Light sponge with lemon pâtissièr's cream, covered in an aromatic lemon mousse and decorated with Amalfi lemon peel.

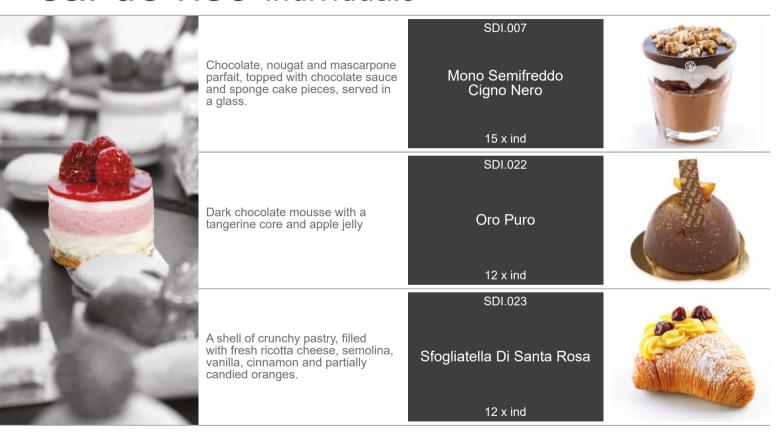




Mono Cheese Cake

12 x ind

Fruits of the forest cheesecake





SDI.008

Sorbetto Nonno Antonio

Amalfi lemon sorbet served in the half shell in a glass





SDI.009

Tiramisù Classico

15 x ind

Savoiardi sponge finger infused with expresso coffee with mascarpone cream, dusted with cocoa powder



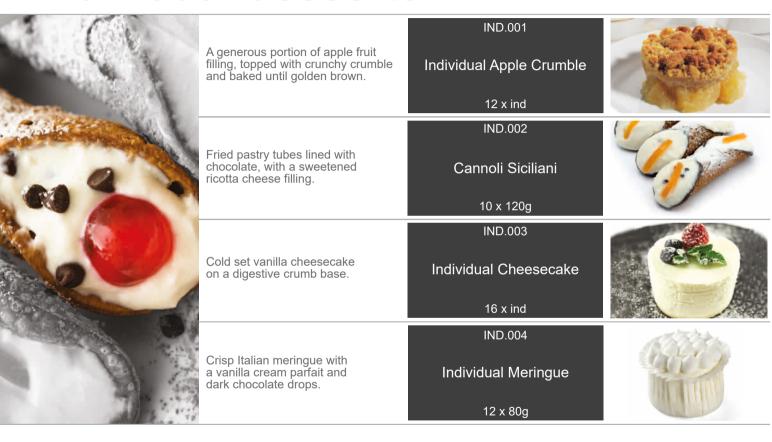
SDI.013

Monoportion Cassata Siciliana

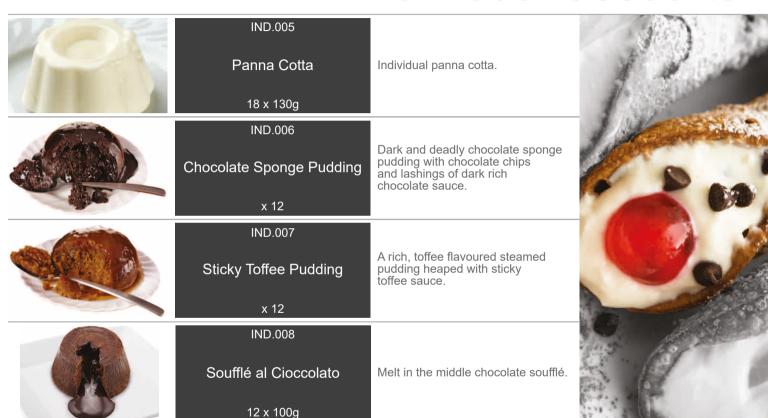
12 x ind

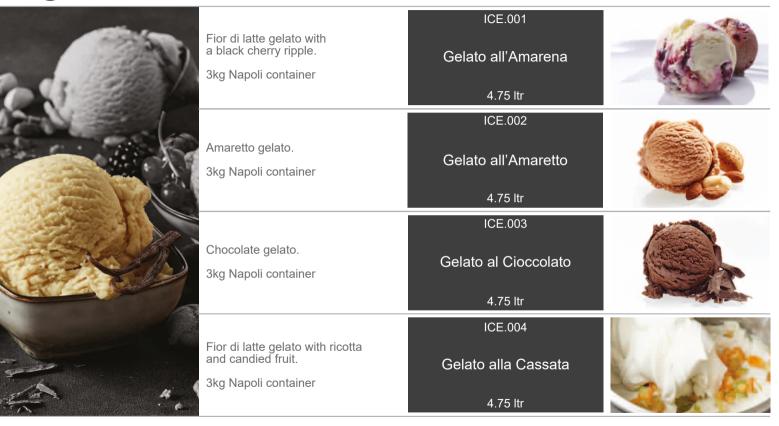
Sponge cake with a paste of almonds and pistachios, filled with ricotta cream cheese

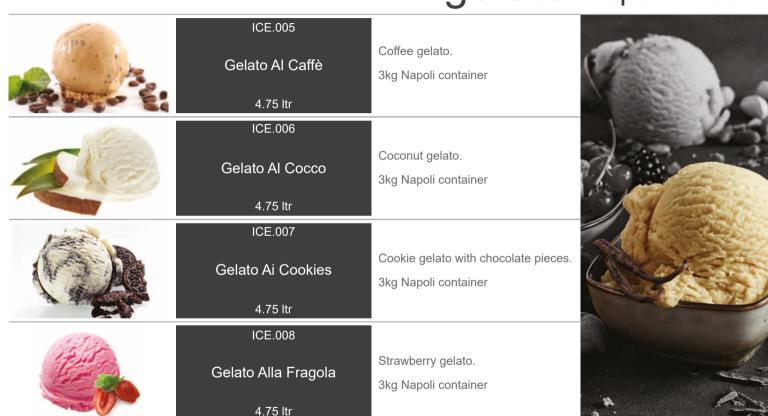
individual desserts

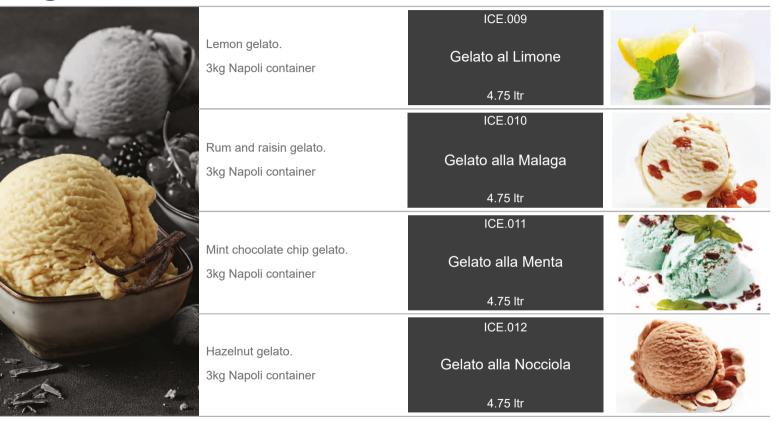


individual desserts

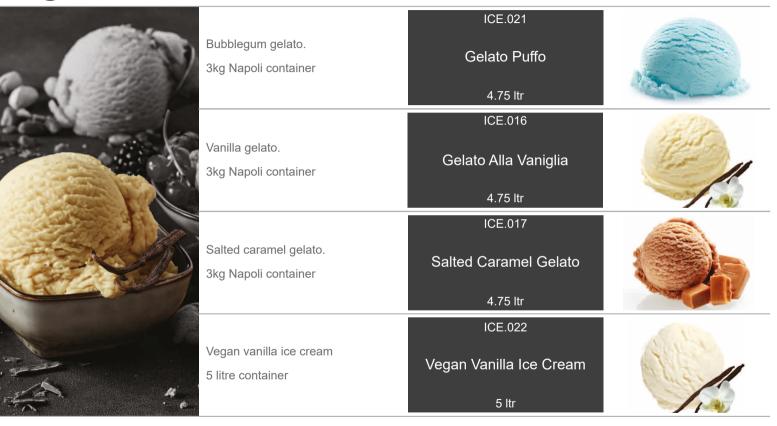




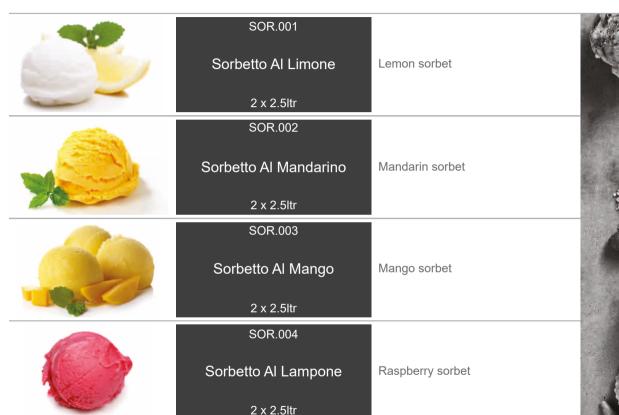




		90.40	napon tabe
	ICE.013		-
	Gelato Al Burro D'Arachidi	Peanut butter gelato. 3kg Napoli container	
	4.75 ltr		
	ICE.014		15
	Gelato Al Pistacchio	Pistacchio gelato. 3kg Napoli container	
	4.75 ltr		
(A) LANGE	ICE.015		
	Gelato Alla Stracciatella	Fior di latte gelato with chocolate chips. 3kg Napoli container	
	4.75 ltr		
	ICE.024		
	Honeycombe Ice Cream	Honeycombe ice cream	
A STATE OF THE STA	4.75 ltr		· ·



sorbets







ICI.004

Filled Orange Sorbet

Orange skin filled with orange sorbet.





ICI.005

Coppa Amarena

Black cherry ripple ice cream, served in a glass.

6 x glass





Coppa Caramel

Caramel ripple ice cream, served in a glass.

6 x glass



Fior di latte and chocolate ice cream, served in a glass. ICI.007

Coppa Cioccolato

6 x glass



ICI.008

Coppa Fiorentina

6 x glass



ICI.009

Coffee and fior di latte ice cream served in an Irish coffee glass.

Coppa Irish Coffee

8 x glass





ICI.010

Coppa Mint Chocolate Ripple

Mint chocolate ripple ice cream, served in a glass.



ICI.012

6 x glass

Coppa Romantica

Fruits of the forest yoghurt ice cream, served in a glass chalice.



6 x glass ICI.011

Flute Limoncello

Limoncello ice cream, served in a flute.

6 x flute



Chocolate ice cream with a zabaglione centre, dusted with cocoa powder.

ICI.013 (Served in a glass)

ICI.014 (Supplied in a plastic container)

Fior di latte ice cream with a coffee ice cream centre, covered with crushed merinaue.

Supplied in a plastic container

Pistacchio gelato with a chocolate gelato centre, decorated with melted chocolate and a hazelnut crumb

Cream gelato with a chocolate gelato centre, decorated with an amaretti biscuit crumb

ICI.013/014

Tartufo Nero

12 x glass / 12 x plastic



Tartufo Bianco

12 x 100g

ICI.020

Tartufo Pistacchio

12 x 100g

ICI.022

Tartufo Amaretto

12 x 90g











ICI.017

Tom & Jerry

Chocolate chip ice cream, served in a novelty mug.



ICI.018

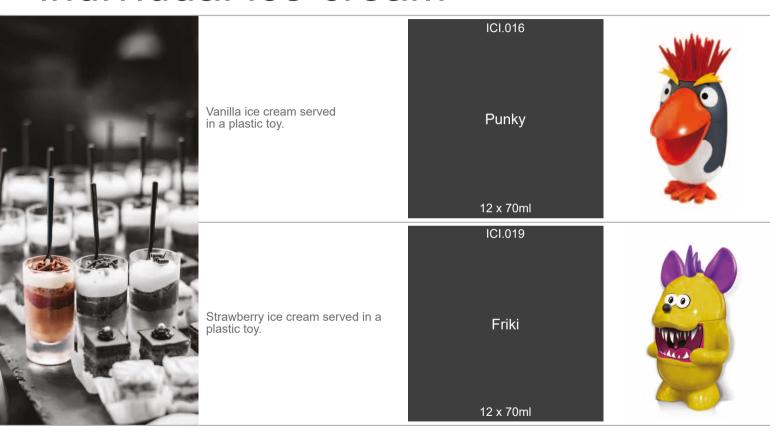
12 x ind

Kuaky

12 x 70ml

Chocolate ice cream served in a plastic toy.





ice cream sundries



ICS.001

Chocolate Topping

Chocolate topping sauce.





ICS.002

Strawberry Topping

Strawberry topping sauce.







Salted Caramel Topping

6 x 1 ltr

Salted caramel topping sauce.





Quality Italian frozen foods to the catering trade

Units 9 - 10 South Road, Harlow, Essex CM20 2AP